

Changing Us

Plain English “Terms and Conditions” and “Disclaimer”

1. Don't use any part of my material to create your own material to distribute or sell
2. There are no guarantees as to the results you'll get from using my materials or services
3. All payments, whether for materials or services, are non-refundable for any reason
4. Full and/or partial refunds or credits are not available for unused services or materials, including a scheduled coaching session that is cancelled or rescheduled with less than 24-hours' notice. This also includes coaching sessions that are ended by the client prior to the end of the 45-minute session
5. If you cannot be reached at the start of your individual coaching session, I will continue to attempt to reach you for up to 15 minutes after the start of your session, at which point a new session will need to be scheduled and paid for
6. Coaching sessions that are missed by you are not refundable
7. If a session is rescheduled with less than 24-hours' notice, both the originally-scheduled session and the newly-scheduled session will need to be paid for (since both time slots were reserved for you)
8. If, for some reason, I am unable to be available for a scheduled coaching session, I will provide the option to reschedule at no additional charge
9. Coaching sessions take place over the phone (or via Zoom audio for overseas clients)
10. Individual coaching sessions are 45 minutes in length
11. All communication between you and your coach is completely confidential. It is understood that the limits of technology present unique risks to confidentiality, such as calls being over heard. This risk will be alleviated on my end of the call but I have no control over what happens on your end.
12. I accept email communication within reasonable limits and strive to reply to emails within 24 hours. Communication via text or any other messaging app will not be accepted.
13. If requests for email communication from you becomes excessive, I will ask you to limit it or, alternately, I will ask you to pay an additional fee for the time I spend reading and replying to your emails.

14. The information and guidance obtained through my materials or services is not a substitute for professional advice. If legal advice or mental health counsel is needed, then a legal professional or a mental health professional should be sought for professional legal or mental health advice.
15. Utilization of my materials and/or services does not create an attorney-client relationship nor does it create a counselor-client relationship.
16. No part of materials or services provided can be used or subpoenaed as evidence for court nor can I provide testimony in court or in any legal matters
17. I cannot get involved in legal matters, advocate or produce a statement in legal matters, or provide testimony or witness in court or in any legal matters
18. I cannot be held liable for any guidance implemented which yields undesirable results
19. By accessing materials or utilizing any services, you agree to be bound by the full terms and conditions which can be accessed [here](#), the disclaimer which can be accessed [here](#), and the [privacy policy](#)

Terms and Conditions and Disclaimer for
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